Outdoor Adventure in Tompkins County

TAUGHANNOCK FALLS STATE PARK
- 4 miles of natural surface trails. Easy to difficult.
- Highest waterfall east of the Mississippi drops into a stunning 400 ft deep gorge.
- Waterfront park with swimming, playground, and picnic areas.

BLACK DIAMOND TRAIL
- 8.5 miles of stone dust trail. Easy.
- Multi-use trail connects Ithaca to Taughannock Falls along the path of the Black Diamond.
- Runs through forests and farms, crossing ravines and providing views of Cayuga Lake.

MONKEY RUN NATURAL AREA
- 10 miles of natural surface trails. Easy to Difficult.
- Trails wind along Fall Creek and climb its steep banks, providing views across the valley.
- Loop routes connect to the Cornell Botanic Gardens.

DRYDEN RAIL TRAIL
- 5.4 miles of flat, stone dust trail. Easy.
- Multi-use trail follows an old railroad bed from Ithaca to Freeville.

TCAT to Trails: Your Guide to Transit Powered Outdoor Adventure in Tompkins County

To Help You Plan
- TCAIT bus.com for information on bus routes and schedules, some routes—like the 22—run seasonally or have seasonal service changes.
- IthacaTrails.org for GPS enabled maps and information on trails, parks and nature preserves.
- Take your bike! All TCAT buses have bike racks that hold 2 or 3 bikes. TCAT is your ultimate climbing gear!

Tell us if this map helped you! forms.gov/NCkmEHSzHedv<Data>.09 or scan the QR code below!
Thank you for your feedback!

Map produced by:

STEVENSON + BOCK-HARVEY PRESERVES
- 3 miles of earth trails. Moderate.
- These two preserves offer scenic hikes through old-growth forest, maple groves, and meadows.

FINGER LAKES TRAIL
- 80 miles of the 586 mile FLT cross through Tompkins County. Earth trails and some road walking.
- More info at FingerLakesTrail.org.

STATE FORESTS
- State Forests in Tompkins County include miles of trails through remote landscapes. Camp in lean-to's and primitive forest sites.

Thank you for climbing gear!